

Chapter – 02

Bathing

(غسل)

Quran:

وَإِنْ كُنْتُمْ جُنُبًا فَاطَّهَّرُوا

{And (do not approach prayer) if you need a bath, clean yourself thoroughly. (05:06)}

وَلَا جُنُبًا إِلَّا عَابِرِي سَبِيلٍ حَتَّى تَغْتَسِلُوا

{Or if the passers-by are in the state of impurity (should not enter the mosque) until they have taken bath thoroughly. (04:43)}

Hadith:

Narrated: Aisha

Whenever the Prophet took a bath after sexual relation he started by washing his hands and then performed ablution like that for the prayer. After that he would put his fingers in water and move the roots of his hair with them, and then pour three handfuls of water over his head and then pour water all over his body. (Sahih Bukhari 244)

Narrated Maimuna:

Allah's Prophet washed his hands first, and then cleaned the private parts of the body. Then he performed ablution like that for the prayer but did not wash his feet. Then he poured water all over the body. He withdrew his feet from the place where he took the bath and then washed them. This was his bath after sexual relation. (Sahih Bukhari 245)

Narrated Kuraib:

I placed water for the bath of the Prophet. He washed his hands thrice, and then he rinsed his mouth, washed his nose by putting water in it and blowing it out, washed his face and both forearms and then poured water over his body three times. Then he withdrew from that place and washed his feet. (Sahih Bukhari 253)

Narrated 'Aisha:

Whenever the Prophet took the bath he asked for the Hilab or some other scent. He used to take it in his hand, rub it first over the right side of his head and then over the left and then rub the middle of his head with both hands. (Sahih Bukhari 254)

Narrated 'Umar bin Al-Khattab:

I asked Allah's Prophet "Can any one of us sleep while he had sex?" He replied, "Yes, if he performs ablution, he can sleep, while he had sex." (Sahih Bukhari 281)

Important Aspects of Islamic Doctrine

Obligatory (فرض):

(1) Washing of mouth. (2) Cleaning of nose. (3) Full wetting and thorough washing of the entire body at least once.

Essential (واجب):

(1) Man should thoroughly wet his beard to the roots. (2) Woman should open the hairs then pour water all over. (3) In case of wearing rings or tops they should move to and fro while washing. (4) If head hairs of both man and woman are perfumed, its complete removal is essential.

Sunnah (سنة):

(1) Clear intension for bath. (2) Starting bath with the name of Allah. (3) Cleaning of both hands up to wrists. (4) Full cleaning of private places and all dirty parts. (5) Performing ablution, however passing wet hands over head and washing of feet is not compulsory. (6) Flowing of water thrice all over the body. (7) On completion of bath washing of both feet.

Desirable (مستحب):

(1) Avoiding unnecessary wastage of water. (2) Drying of body through towel.

Miscellaneous (متفرق)

(1) By sexual relation purity does not remain, so taking bath is compulsory. (2) Discharge due to sweet dreams also demand bathing. (3) After periods or mensuration of women bathing is compulsory for them.

