

Chapter – 06

Menstrual Periods

(حيض)

[وَيَسْأَلُونَكَ عَنِ الْمَحِيضِ قُلْ هُوَ أَدَىٰ فَأَعْتَرِلُوا النِّسَاءَ فِي الْمَحِيضِ وَلَا تَقْرُبُوهُنَّ حَتَّىٰ يَطْهُرْنَ فَإِذَا تَطَهَّرْنَ فَأْتُوهُنَّ مِنْ حَيْثُ أَمَرَكُمُ اللَّهُ إِنَّ اللَّهَ يُحِبُّ التَّوَّابِينَ وَيُحِبُّ الْمُسْتَطَهِّرِينَ، (02:222)]

No.**Hadith**

- 288 While performing Hajj, if woman feels the start of her menstrual period then she should not be worried. In this condition she should do what all the pilgrims do with the exception of the Tawaf (*Rounds of Ka'bah*). *Narrated: 'Aisha.*
(*Compiler's Note: Tawaf has to be done but after coming out of the menses*)
- 289 While in menses, I used to comb the hair of Allah's Prophet. *Narrated: 'Aisha.*
- 290 In the condition of menses women should continue her all routine works. *Narrated: 'Urwa.*
- 291 The Prophet used to lean on my lap and recite Qur'an while I was in menses. *Narrated: 'Aisha.*
- 292 Prophet has permitted to put me under a single sheet, although I got the menses. *Narrated: Um Salama.*
- 293 The Prophet and I used to take bath from a single pot while we were Junub. ---- During the menses, he used to order me to put on an Izar (*dress worn below the waist*) and used to fondle me. ---- While in Itikaf, he used to bring his head near me and I would wash his hairs while I used to be in my periods. *Narrated: 'Aisha.*
- 294/295 Whenever Allah's Prophet wanted to fondle anyone of us during her periods (*menses*), he used to order her to put on an Izar and start fondling her." 'Aisha added, "None of you could

No.**Hadith**

- control his sexual desires as the Prophet could." *Narrated: 'Abdur-Rahman bin Al-Aswad and Maimuna.*
- 296 Allah's Prophet said that women curse frequently and are ungrateful to their husbands. They should keep away with this bad practice and do charities. For women, the loss in religion is that the evidence of two women is equal to the witness of one man due to the deficiency in her intelligence. Moreover, a woman can neither pray nor fast during her menses. *Narrated: Abu Said Al-Khudri.*
- 297 During Hajj, if woman gets her menstrual period then she should continue with what all the pilgrims do but with the exception of the Tawaf (*Rounds of Ka'bah*). However, Tawaf should be done after coming out of menses." *Narrated: 'Aisha.* (See Hadith -288)
- 298 Menstrual period is for few days. Continuous bleeding is a disease. Due to this problem prayers should not be given up in these additional days. Before offering prayers the body should be cleaned up thoroughly then do fresh ablution each time. *Narrated: 'Aisha.* (See Hadith -226)
- 299/300 Whenever anyone got her menses, take hold of the blood spot and rub the blood off the garment, and pour water over it and wash that portion thoroughly and sprinkle water over the rest of the garment. After that she may pray in with it. *Narrated: Asma' bint Abu Bakr and 'Aisha.* (See Hadith -225)
- 301to303 When the Noble prophet was in Itikaf, one of his wife used to join him with her Itikaf. Sometimes it also happened that during this period menses started. *Narrated: 'Aisha.*
- 304 Anyone who had no more than a single pair to wear and if blood of menses is touched to the garment then she should rub the spot thoroughly and make it clean. *Narrated: 'Aisha.*
- 305 We all were forbidden by the Noble Prophet to mourn for a dead person for more than three days. However, in case of a husband, for whom mourning has been allowed to woman for four months and ten days. (*This period is called Iddat*). During this time women were not allowed to put kajol (*Antimony eye power*) in their eyes or to use perfumes or to put on colored clothes. *Narrated: Um-'Atiya.*

No.**Hadith**

- 306/307 On the end of menses, purify your private body parts with a piece of cloth scented with musk. Then perform ablution and finally take a bath. This bath is called 'Ghusl' (غسل). *Narrated: 'Aisha.*
- 308/309 In the last Hajj of Allah's Prophet, I assume the Ihram with the intention of Hajj Tamattu' (to perform Hajj and 'Umrah). Then I started my menses and was not clean till the night of 'Arafah. I consulted Allah's Prophet in this regard. He told me to undo my hair and comb it and to postpone the 'Umrah. I did the same and completed the Hajj. ---- At the end of Hajj, The Prophet ordered my brother 'Abdur Rahman to take me to At-Taneem to assume the Ihram for 'Umrah (in lieu of that of Hajj-at Tamattu'. --- (Note: Hisham said, "For that 'Umrah, no Hadi, fasting or alms were given). *Narrated: 'Aisha.*
- 310 The Prophet said, "Each details of the Human beings, like: Will it be a male or female, a wretched or a blessed, and how much will his provision be? And what will his age be?" etc., all is written while the child is still in the mother's womb." *Narrated: Anas bin Malik.*
- 311 (Menses during Hajj): This is repeated hadith. See hadith-308/309 above. *Narrated: 'Aisha.*
- 312 Prophet said, "The bleeding is from a blood vessel and not the menses. So give up the prayers when the (real) menses begin and when it has finished, take a bath and start praying." *Narrated: 'Aisha.*
- 313 During menstrual periods women are totally exempted from offering prayers. Even later there will be no account on their credit for these Obligatory prayers. *Narrated: Mu'adha.*
- 314/315 Among all wives, when anyone of them was with the Prophet she used to sleep under one sheet. Similarly, the Prophet and his wife would take bath of Janaba from a single pot. The Noble Prophet did not hesitate to kiss his wives although he was knowing that they are in the condition of menses. Sometimes, he himself was fasting. *Narrated: Um-Salama.* (See Hadith -292 to 295)
- 316 The Noble Prophet said, 'The unmarried young virgins, the mature girl who stay screened, and the menstruating women --

No.**Hadith**

- should come out and participate in the good deeds as well as the religious gathering of the faithful believers. However, the menstruating women should keep away from the Musalla (*praying place*)."
Narrated: Hafsa.
- 317 Menstrual period is for few days. Continuous bleeding is a disease. Due to this problem, prayers should not be given up in these additional days. Before offering prayers the body should be cleaned up thoroughly then do fresh ablution each time.
Narrated: 'Aisha. (See Hadith -226 and 298)
- 318 The color of menses is red. The yellowish discharge is not menses.
Narrated: Um 'Atiya.
- 319 I got (*continuous*) bleeding for the period of seven years. In this long period I never missed offering the Obligatory prayers. I used to take a bath for every prayer.
Narrated: Um Habibah.
- 320 I told Allah's Prophet that (*during any one Hajj or Umrah*) Safiya bint Hayai got her menses. The Prophet asked, "Did she perform Tawaf with you?" I replied, "Yes." He said, Ok! Then if she has done let it be, no matter.
Narrated: 'Aisha.
- (Compiler's Note:*
It means do not perform Tawaf in the condition of menses)
- 321 A woman is allowed to leave (*go back home*) if she gets menses after Tawaf-Al-Ifadah (*Compulsory Tawaf*).
Narrated: Ibn 'Abbas.
- 322 (*Menses, Bath and Prayer*): This is repeated hadith. See hadith-312 above.
Narrated: 'Aisha.
- 323 The Prophet offered the funeral prayer for the dead body of a woman who died during child birth. He stood by the middle of her body.
Narrated: Samura bin Jundab.
- 324 During my menses, I never prayed. However, I used to sit on the mat beside the mosque of Allah's Prophet. He used to offer the prayer on his sheet and in prostration some of his clothes used to touch me."
Narrated: Maimuna.