

Chapter – 60

Food

(رزق)

[يَا أَيُّهَا الَّذِينَ آمَنُوا كُلُوا مِن طَيِّبَاتِ مَا رَزَقْنَاكُمْ وَاشْكُرُوا لِلَّهِ (02:172)]

[وَكُلُوا مِمَّا رَزَقَكُمُ اللَّهُ حَلَالًا طَيِّبًا (05:88)]

[وَيُطْعَمُونَ الطَّعَامَ عَلَىٰ حُبِّهِ مِسْكِينًا وَيَتِيمًا وَأَسِيرًا (76:08)]

No.**Hadith**

5005 The Prophet said, "Give food to the hungry, pay a visit to the sick, and release the one in captivity."

Narrated: Abu Musa Ash'ari.

5006 According to Abu Hurairah the family of the Noble Prophet did not eat their fill for three successive days till the Prophet passed away.

Abu Hurairah says, Once I was in a state of weakness because of severe hunger, so I fell down. I saw Allah's Prophet standing by my head. He realized my situation and he took me to his house, and ordered a big bowl of milk for me. I drank thereof and he said, "Drink more." So I drank again, whereupon he again said, "Drink more." So I drank more till my belly became full. ----- Afterwards I met 'Umar and mentioned to him what had happened to me, and said to him, "O 'Umar! Allah made it the owner of this work who was most deserving than him, means, the Prophet removed the distress of my hunger. On that Umar said to me, "By Allah, if I admitted and entertained you, it would have been dearer to me than having nice red camels.

Narrated: Abu Hurairah.

No.**Hadith**

- 5007/5008 I was a boy, and I was under the care of Allah's Prophet. Whenever I used to eat my hand went all around the dish. *(While seeing it)* Allah's Prophet said to me, 'O boy! Mention the Name of Allah! and eat with your right hand, and eat of the dish what is nearer to you.' Since then, I have applied those instructions when eating. *Narrated: 'Umar bin Abi Salama.*
- 5009 A meal was brought to Allah's Prophet while 'Umar bin Abi Salama was with him. Allah's Prophet said to him, "Mention the Name of Allah! and eat of the dish what is nearer to you." *Narrated: Abu Naeem.*
- 5010 A tailor invited Allah's Prophet to a meal which he had prepared. I went along with Allah's Prophet and saw him seeking to eat the pieces of pumpkin from the various sides of the dish. Since that day I have liked to eat pumpkin. *Narrated: Anas bin Malik.* (See Hadith - 1964).
- 5011 The Prophet love to start doing things from the right side in performing ablution, putting on his shoes, and combing his hair. He used to carry out in similar way for other works as well. *Narrated: 'Aisha.*
- 5012 *(This hadith is related to the miracle of the Prophet. Here Abu Talha narrates that the Prophet came to his house with some persons for having meal. The prophet realized the situation and ordered them accordingly. So first all the breads were brought which were cut into small pieces. Some ghee was put on those bread pieces. Then the Prophet recited something and he blown up on that meal. Then ten persons in a batch were called for taking meal. Finally, all the persons present took the meal to their satisfaction. It is said that about 70 to 80 persons were present on this occasion):* This is a repeated hadith. See hadith-3337. *Narrated: Anas bin Malik.*
- 5013 *(This hadith is related to the miracle of the Prophet. During a journey it was found that they have only one Sa'a of flour available with them. The Prophet ordered that whatever the flour is available that should be mixed up thoroughly. Then he purchased one goat from a shepherd and then arranged for making it's curry. When everything was ready all took their meal. There were about 130 persons who took that food):* This is a repeated hadith. See hadith-3337. *Narrated: 'Abdur-Rahman bin Abu Bakr.*

No.**Hadith**

- 5014 When the Prophet passed away, we had dates and water full of our satisfaction. *Narrated: 'Aisha.*
- 5015 We went out with Allah's Prophet to Khyber, and when we were at Sahba, Allah's Prophet asked the people to bring their food. There was nothing with the people except Sawiq. So we all stirred it with water and ate of it. Then the Prophet asked for some water and he rinsed his mouth, and we too rinsed our mouths. Then he led us in the Maghrib prayer without performing fresh ablution.
Narrated: Suwaid bin Nu'man.
(See Hadith - 207, 2778 and hadith 3900).
- 5016 We were in the company of Anas whose cook was with him. Anas said, The Prophet never ate thin bread, or a roasted sheep in his life. *Narrated: Qatada.*
- 5017 To the best of my knowledge, the Prophet did not take his meals in a big tray at all, nor did he ever eat well-baked thin bread, nor did he ever eat at a dining table. *Narrated: Anas.*
- 5018 When the Prophet stopped to consummate his marriage with Safiya, we invited the Muslims to his wedding banquet. He ordered that leather dining sheets be spread. Then dates, dried yoghurt and butter were put on those sheets. Later, Harees (*sweet dish*) was also served on the dining sheet.
Narrated: Anas.
- 5019 The People of Sham used to taunt 'Abdullah bin Zubair by calling him "The son of Zaat-an-Nataqain." --- His mother explained what the Nataqain were? That was my waist-belt which I divided into two parts. Once I tied the water skin of Allah's Prophet with one part, and with the other part I tied his food container." *Narrated: Wahub bin Kaisan.*
- 5020 My aunt, Um Hufaid, presented to the Prophet butter, dried yoghurt and Mastigar as a gift. The Prophet invited the people to those Mastigar and they were eaten on his dining sheet, but the Prophet himself did not eat of it as if he disliked it. Nevertheless it was not unlawful to eat that, because the people would not have eaten it on the dining sheet of the Prophet nor Prophet would have ordered that they be eaten. *Narrated: Ibn Abbas.*

No.**Hadith**

- 5021 *(The Prophet set out for Khyber. He took his meals at the place named Sahba. The Prophet then asked for water. He just stirred his mouth with water then offered prayers. At that time he did not go for his fresh ablution):* This is a repeated hadith. See hadith-5015 above. *Narrated: Suwaid bin Nu'man.*
- 5022 *(When the meat of the Mastigar was presented to eat, the Prophet did not take it because he did not like it):* This is a repeated hadith. See hadith-5020 above. ---- However in this hadith Khalid Bin Walid asked the Prophet whether the meat of the Mastigar is forbidden. The prophet said, No!
Narrated: Khalid bin Al-Walid
- 5023 Allah's Prophet said, "The food for two persons is sufficient for three, and the food of three persons is sufficient for four persons." *Narrated: Abu Hurairah.*
- 5024 Ibn 'Umar never used to take his meal unless a poor man was called to eat with him. One day I brought a poor man to eat with him, the man ate too much, whereupon Ibn 'Umar said, "O Nafi! Don't let this man enter my house, because I heard the Prophet saying, "A believer eats in one intestine (*is satisfied with a little food*), and a Kafir (*unbeliever*) eats in seven intestines (*eats much food*)." *Narrated: Nafi'*
- 5025to2028 Allah's Prophet said, "A Muslim (*believer*) eats in one intestine, and a Kafir (*or a hypocrite*) eats in seven intestines." *Narrated: Ibn 'Ume, Amr bin Dinar and Abu Hurairah.*
- 5029/5030 Allah's Prophet said, "I do not take my meals while leaning against something. *Narrated : Abu Juhaiifa.*
- 5031 *(Mastigar is not unlawful to eat but it was not liked by the Prophet):* This is a repeated hadith. See hadith-5020 and 5022 above. *Narrated : Khalid bin Al-Walid.*
- 5032 *(Atban was a blind person. He came to the Prophet and said, When it rains, the valley, which is between me and my people, flows with water, and then I cannot go to the mosque to lead them in the prayer. I wish that you kindly come and pray in my house so that I may take it as a praying place. The Prophet accepted to it. When he went to his house many people gathered. One of them said that such person is hypocrite. The Prophet said, "Allah has forbidden*

No.**Hadith**

the Hell-Fire for those who testify that none has the right to be worshipped but Allah, seeking Allah's pleasure"): This is a repeated hadith. See hadith-1113.

Narrated : Mahmood bin Rabi' Ansari .

(See Hadith - 410/411 and Hadith-633).

5033 *(Mastigar is not unlawful to eat but it was not liked by the Prophet): This is a repeated hadith. See hadith-5020 and 5022 above. Narrated : Ibn Abbas.*

5034 We used to be happy on Fridays. Because there was an old lady who used to pull out the roots of Silq and put it in a cooking pot with some barley. When we had finished the prayer, we would visit her and she would present that dish before us. So we used to be happy on Fridays because of that dish. By Allah! that meal contained no fat. --- We never used to take our meals or have a mid-day nap except after the Friday prayer.

Narrated : Sahl bin Sa'ad Sai'di. (See Hadith -890).

5035 The Prophet ate of the meat of a shoulder by cutting the meat with his teeth, and then got up and offered the prayer without performing the ablution anew. *Narrated : Ibn Abbas.*

5036 We were on the road to Makkah. All of us were assuming Ihram except me. On the way we saw an Onager (*forest ass*) . I headed towards my horse, saddled it and rode, and I was successful in hunting that Onager. My Companions cooked its meat, but they were suspected that it might be unlawful to eat particularly in the state of Ihram. However, I proceeded further and I kept one of its forelegs with me for the Prophet. When we met Allah's Prophet we asked him about that. He said, "Have you some of its meat with you?" I gave him that foreleg and he ate the meat and he stripped the bone of its flesh, although he was in a state of Ihram.

Narrated : Abu Qatada. (See Hadith -1708/1709).

5037 The Prophet ate holding a shoulder piece of mutton in his hand and cutting part of it with a knife. He was then called for the prayer, whereupon stood for prayer without performing fresh ablution.

Narrated : 'Amr bin Umaiya. (See Hadith -5035 above).

No.**Hadith**

- 5038 The Prophet never criticized any food. He used to eat if he liked the food, and leave it if he disliked.
Narrated : Abu Hurairah.
- 5039 I asked Sahl, "Did you use white flour during the lifetime of the Prophet ?" Sahl replied, "No. Then I asked, "Did you sieve barley flour?" He said, "No, but we used to blow off the husk (of the barley)." *Narrated : Abu Hazim.*
- 5040 Once the Prophet distributed dates among his Companions and gave seven dates each. I got seven dates too, but one of which was dry and hard, yet none of the other dates was more liked by me than that one, because it prolonged my chewing it. *Narrated : Abu Hurairah.*
- 5041 I was one of (the first) seven who had embraced Islam and Allah's Prophet. We had nothing to eat except the leaves of the Habala trees. So our stool used to be similar to that of sheep. Now the tribe of Bani Asad wanted to teach us Islam; I would be a loser and all my efforts would be in vain if I learn Islam anew from them. *Narrated : Sa'ad.*
- 5042 (During the lifetime of the Prophet white flour was not made from barley): This is a repeated hadith. See hadith-5039 above.
Narrated : Abu Hazim.
- 5043 We passed by a group of people, in front of whom there was a roasted sheep. They invited us but we refused to eat and said, "Allah's Prophet left this world without satisfying his hunger even with barley bread." *Narrated : Abu Hurairah.*
- 5044 The Prophet never took his meals at a dining table, nor in small plates, and he never ate thin well-baked bread. The Prophet and we used to spread leather sheet (*Sufra*) and take our meals. *Narrated : Anas bin Malik.* (See Hadith -5017).
- 5045 The family of the Noble Prophet had not eaten wheat bread to their satisfaction for three consecutive days since his arrival at Madinah, till he passed away. *Narrated : 'Aisha.*
- 5046 Whenever one of our relatives died, the women assembled and then dispersed (*returned to their houses*), except close relatives and friends. Then Talbina was cooked and Tharid (*a dish prepared from meat and bread*) would be prepared and

No.**Hadith**

the Talbina would be poured on it. Then we all eat together. I heard Allah's Prophet saying, 'The Talbina soothes the heart of the patient and relieves him from some of his sadness.' *Narrated : 'Aisha.*

- 5047 The Prophet said, "Many men reached perfection but none among the women reached perfection except Mary, (*Maryum the daughter of 'Imran*), and Asia (*wife of Firaun*). And the superiority of 'Aisha to other women is like the superiority of Tharid to other kinds of food.

Narrated : Abu Musa Ash'ari.

- 5048 The Prophet said, "The superiority of 'Aisha to other women is like the superiority of Tharid to other kinds of food .

Narrated : Anas.

- 5049 (*The Noble Prophet liked pumpkin very much to eat*): This is a repeated hadith. See hadith-1964 and hadith-5010.

Narrated : Anas.

- 5050 (*The Prophet had never eat well-baked bread, nor had he ever eaten roasted sheep throughout his life*): This is a repeated hadith. See hadith-5016 above. *Narrated : Qatada.*

- 5051 I saw Allah's Prophet cutting part of the shoulder of mutton with a knife. He ate some of it and then was called for prayer. Whereupon he got up and put down the knife and offered the prayer without performing new ablution.

Narrated : Jafer bin 'Amr. (See Hadith -5035 above).

- 5052 I asked 'Aisha "Did the Prophet forbid eating the meat of sacrifices offered on 'Eid-ul-Azha for more than three days" She said, "The Prophet did not do this except in the year when the people were hungry, so he wanted the rich to feed the poor. But later we used to store even a trotter of a sheep to eat it fifteen days later." She was asked, "What compelled you to do so?" She smiled and said, "The family of Muhammad did not eat to their satisfaction wheat bread with meat soup for three successive days, till he met Allah."

Narrated : 'Abdur Rahman bin 'Abis.

- 5053 We used to carry the meat of the Hadi (*sacrificed animals*) to Madinah during the life-time of the Prophet .

Narrated : Jabir.

No.**Hadith**

5054

(The gist of this hadith is):

- It is narrated by Anas bin Malik that Allah's Prophet said to Abu Talha, "Seek one of your boys to serve me." Abu Talha took me to the Prophet. So I used to serve Allah's Prophet. During my stay I used to hear from the Noble Prophet offering the following invocation quite often:

اعوذ بك من الهم والحزن والعجز والكسل والبخل والجبن و ضلع الدين و غلبة الرجال

{O Allah! I seek refuge with You from, having worries sadness, helplessness, laziness, miserliness, cowardice, from being heavily in debt and from being overpowered by other persons unjustly}

- We returned from the battle of Khyber. Here, the Prophet chose for himself to Safiya bint Hayai whom he had won from the war booty. After marriage the Noble Prophet arranged Valimah banquet for all.
- While returning, when he saw the mountain of Uhad, he said, "This mountain loves us, and we love it." When we approached Madinah, he said,
- "O Allah! I make the area between its two mountains a sanctuary as Ibrahim has made Makkah a sanctuary.
- Then the Prophet invoked, O Allah! Bless Mudd and Sa'a (special kinds of measure) to the people of Madinah."

Narrated: Freed slave of Muttalib bin 'Abdullah bin Hantab.

5055

The Noble Prophet had forbidden the followings:

1. Do not wear silk or Dibaj.
2. Do not drink in silver or golden vessels,
3. And do not eat in plates of these metals as well.

Because, such things are for the unbelievers in this worldly life, and for us in the Hereafter.

Narrated: 'Abdur-Rahman bin Abi Laila.

(See Hadith -366,840,900,976, 2438,3027/3028 and hadith 4825).

No.**Hadith**

- 5056 Allah's Prophet said, "The example of a Believer who recites the Quran, is that of a citron which smells good and tastes good; And the example of a Believer who does not recite the Quran, is that of a date which has no smell but tastes sweet; and the example of a hypocrite who recites the Quran, is that of an aromatic plant which smells good but tastes bitter; and the example of a hypocrite who does not recite the Quran, is that of a colocynth plant which has no good smell and is bitter in taste."
Narrated: Abu Musa Ash'ari.
 (See Hadith -4676).
- 5057 The Prophet said, "The superiority of 'Aisha to other ladies is like the superiority of Tharid to other kinds of food."
Narrated: Anas.
 (See Hadith -5047 and 5048 above).
- 5058 The Prophet said, "Travelling is a kind of torture, as it prevents one from sleeping and eating! So when one has finished his job, he should return quickly to his family."
Narrated: Abu Hurairah.
 (See Hadith -1689).
- 5059 *(One can get three information from the freed slave women of 'Aisha):* This is a repeated hadith. See hadith-4752 and hadith-4922. *Narrated : Qasim bin Muhammad.*
- 5060 Allah's Prophet used to love sweet edible things and honey.
Narrated: 'Aisha.
- 5061 I used to remain in the company of Allah's Prophet, but I did not eat baked bread, nor wear silk. I used to bind stones over my belly and ask somebody to recite Quranic Verse for me, though I knew it, so that he might take me to his house and feed me something. Ja'far bin Abi Talib was very kind to the poor, and he used to take us and feed us with whatever was available in his house, and if nothing was available, he used to give us the empty pots of honey or butter skin which we would lick whatever was in it.
Narrated: Abu Hurairah. (See Hadith -2454).
- 5062 *(The Noble Prophet liked pumpkin to eat):* This is a repeated hadith. See hadith-1964 and hadith-5010. *Narrated : Anas.*

No.**Hadith**

- 5063 Once I invited the Noble Prophet on a meal along with five other persons. But when the Prophet reached another man followed him. He said to me, "If you wish you can admit him, and if you wish you can refuse him." On that I said it will fine for me to admit him. *Narrated : Abu Masood Ansari.*
- 5064to5066 *(The Noble Prophet liked pumpkin to eat):* This is a repeated hadith. See hadith-1964 and hadith-5010. *Narrated : Anas.*
- 5067 *(The Noble Prophet had forbidden to eat the sacrificed meat for more than three days, but it was for one year only. That year people were hungry and Prophet wanted to distribute that meat in them):* This is a repeated hadith. See hadith-5052 above..
Narrated : 'Aisha.
- 5068 *(The Noble Prophet liked pumpkin to eat):* This is a repeated hadith. See hadith-1964 and hadith-5010. *Narrated : Anas.*
- 5069 I saw Allah's Prophet eating fresh dates with cucumber.
Narrated : 'Abdullah bin Ja'far.
- 5070 I was a guest of Abu Hurairah for seven days. Abu Hurairah, his wife and his slave used to get up one by one and remain awake for one-third of the night. Each would offer the night prayers and then awaken the other. I heard Anas saying, "Allah's Prophet distributed dates among his companions and my share was also seven dates, but one of it was a dried one. *Narrated: Abu 'Uthman.*
- 5071 *(Once the Noble Prophet had distributed among his Companions seven date fruits each):* This is a repeated hadith. See hadith-5040 above. *Narrated : Abu Hurairah.*
- 5072 *(It is a long hadith and its gist is):*
There was a Jew in Madinah who used to lend me money up to the season of plucking (*technically known as بيع سلم*) of the dates. That year the yield was not promising, so the payment of the debt was not possible. When the Jew came to me I asked him to give me some time but he refused. I reached to the Prophet and seek his help. He came to me and he himself tried to convince the Jew to accept the delay of the payment, but he refused. When the Prophet saw the Jew's attitude, he stood up and said, "O Jabir! You just pluck the dates and repay your debt." I started plucking the dates, till

No.**Hadith**

I paid him all his right, yet there remained extra quantity of dates. So I went out and informed the Prophet of the good news. Whereupon he said, "I testify that I am Allah's Prophet." *Narrated : Jabir bin 'Abdullah.*

(See Hadith -1997, 2238/2239 and hadith-2247).

5073 While we were sitting with the Prophet a cluster of date fruits was brought to him. The Prophet said, "There is a tree among the trees which is as blessed as a Muslim" I thought that it should be the date palm tree and intended to say the same. But I looked behind and realized that I was the youngest men present there, so I kept quiet. Then the Prophet said, "It is the date-palm tree."

Narrated : 'Abdullah bin Umar. (See Hadith -73).

5074 Allah's Prophet said, "He who eats seven 'Ajwa dates every morning, will not be affected by poison or magic on the day he eats them." *Narrated : 'Amir bin Saeed.*

5075 The Prophet used to forbade the taking of two dates together at a time in a gathering, unless one takes the permission of his companions." *Narrated : Jabalah bin Suhaim.*

5076 I saw the Prophet eating fresh dates with cucumbers.

Narrated : 'Abdullah bin Ja'far. (See Hadith -5069 above).

5077 The Prophet said, "There is a tree among the trees which is similar to a Muslim (*in goodness*), and that is the date palm tree." *Narrated: ibn 'Umer.*

(See Hadith -73 and hadith-5073 above).

5078 I saw Allah's Prophet eating fresh dates with cucumbers.

Narrated : 'Abdullah bin Ja'far.

(See Hadith -5069 and 5076 above).

5079 (*It was a miracle of the Prophet that in an invited gathering of many people ate to their satisfaction with very less food available*): This is a repeated hadith. See hadith-3337 and hadith 5012. *Narrated : Anas.*

5080/5081 The Prophet said, "Whoever has eaten (*raw*) garlic or onion should keep away from our mosque.

Narrated : 'Abdul 'Aziz and Jabir bin 'Abdullah.

5082 We were with Allah's Prophet and collecting fruit of Kabath at Mar Az-Zahran. The Prophet said, Collect the black ones

No.**Hadith**

as they are better." I asked, O Allah's Prophet! Have you ever shepherd sheeps?" He said, "There has been no prophet who has not shepherd the goats. "

Narrated : Jabir bin 'Abdullah.

5083 (After eating something there is no need to make fresh ablution, only mouth wash is sufficient): This is a repeated hadith. See hadith-207, 2778, 3900 and hadith 5015 above.

Narrated : Suwaid bin An Nu'man.

5084 The Prophet said, 'When you eat, do not wipe your hands till you have licked it, or had it licked by somebody else.'

Narrated : Ibn Abbas.

5085 During the lifetime of the Prophet we rarely had cooked food to eat. If at all we got such a dish, we used to wipe our hands with our cloths or body parts. Thereafter, we would perform the prayer without performing new ablution."

Narrated : Jabir bin 'Abdullah.

5086/5087 Whenever the Prophet finished his meal, he used to say:

الحمد لله كثيراً طيباً مباركاً فيه

{Many praise be to Allah having many blessings in it}

And sometimes he also said:

غير مكفي ولا مودع ولا مستغنى عنه ربنا

Not enough, and not deposited, and not dispensable about him, our Lord!

Narrated : Abu Umama.

5088 The Noble Prophet said, "When your servant brings your food to you, if you do not ask him to join you, then at least ask him to take one or two handfuls from it, as he has taken pains to cook it nicely."

Narrated : Abu Hurairah.

(See Hadith -2389).

5089 (Once Abu Masood invited the Noble Prophet at his residence): This is a repeated hadith. See hadith 5063 above.

Narrated : Abu Masood Ansari.

5090 (After eating something there is no need to make fresh ablution, only mouth wash is sufficient): This is a repeated hadith. See hadith-5035, 5037 and 5051 above.

Narrated : 'Amr bin Umaiya.

No.**Hadith**

- 5091/5092 The Prophet said, If supper is served and the Iqama for (*Isha*) prayer is proclaimed, start with you supper first. Ayub Nafi' says that I saw Ibn 'Umer eating supper, whereas he was also listening the recitation of Quran from the Imam (*for Isha prayer*). *Narrated : Anas bin Malik and 'Aisha.*
- 5093 I know better about the Hijab (*the order of veiling of women*) more than anybody else. ----- This is related to an event. Allah's Prophet became the bridegroom of Zainab bint Jahash whom he married at Madinah. After the sun had risen high in the sky, the Prophet invited the people on a meal. Allah's Prophet remained sitting and some people remained sitting with him after the other guests had left. Then Allah's Prophet got up and went away, and I too, followed him till he reached the door of 'Aisha's room. Then he thought that the people must have left the place by then, so he returned and I also returned with him. The people were still sitting at their places. So he went back again for the second time, and I went along with him too. When we reached the door of 'Aisha's room, he returned and I also returned with him to see that the people had left. Thereupon the Prophet hung a curtain between me and him and the Verse regarding the order for veiling of women (*Hijab*) was revealed. *Narrated : Anas.*